



## *Pennsylvania Alliance of Retirement Community Residents*

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### MINUTES - PARCR Quarterly Meeting - Wednesday, October 11, 2017 SpiriTrust Lutheran, The Village at Sprenkle Drive 1802 Folkemer Circle, York, PA 17404

**MISSION STATEMENT:** *“To aid and assist residents of retirement communities in Pennsylvania. To organize and maintain residents’ organizations; to promote the exchange of ideas, education and civic responsibilities of residents; and to encourage members to seek to be a part of informed decision-making in their community.”*

**WELCOME:** Meeting was called to order by President, Ida Jeanne Smith at 10:00am with Pledge of Allegiance.

**PRAYER:** Rev. Bill Stelger

**HOSTING COMMUNITY:** Ms. Kate Hershey, Executive Director of SpiriTrust Lutheran, The Village at Sprenkle Drive in York, welcomed the PARCR Quarterly membership meeting to her community. They have waited a long time to host, and so glad to have this opportunity.

**ROLL CALL:** There were **67** people in attendance representing **22** of our **26** member communities.

**LEADINGAGE PA:** Anne Henry – State Budget: On July 11<sup>th</sup>, 2017, a plan to spend money was submitted for approval. The total budget is \$32B with a shortfall of \$2.2B. The State treasurer refuses to borrow any more money, so Gov. Wolf proposes to borrow money from liquor sales of \$1.2B to be paid back in 20 years. Gov. Wolf is considering a lease back of \$11M a year for Farm Complex. House and Senate are checking to see if he can do this.

POLST (a voluntary form - Pennsylvania Order of Life Sustaining Treatment) is a medical order. When being transported by ambulance, the POLST form is preferred over Advanced Directives or Living Will. Presently POLST is not recognized in all counties of PA. House Bill 1196 has been introduced for standardization by Department of Health of POLST form.

Workers’ Comp: Law has been in effect since 1996 in PA for employee evaluations. The law for evaluation process no longer legal in PA. Premiums could rise effective 11/1/17 for new or renewal coverage (possibly 6.06% increased rate), with another increase in April 2018. House Bill 1840 has been introduced to put AMA standard evaluations back into effect.

Federal Government: Isn’t much better. Medicare admission requires 3 nights to qualify for rehab. House bill 1421 and Senate Bill 568 have been introduced, however, neither of our Senators have signed on. Hospitals need to notify you of your status when being signed in. Always ask your status from the doctor. Tax reform for medical itemized deductions is on the list for discussion. There is a threat of Medicaid reform which means ½ of funds allotted may be taken away, but this issue is on the back burner. Letter campaign may be needed, and you will be notified.

Medicare Open Enrollment time is now open and you can contact Department of Aging (1-800-783-7067) for any updates.

**NaCCRA:** Dan Seeger – NaCCRA (National Continuing Care Resident Association) National Meeting and LeadingAge Annual meeting will happen at the same time in New Orleans, LA, October 27<sup>th</sup> and 28<sup>th</sup>. Everyone is invited to attend, however, if this is not possible, you can participate in the Residents/Members Congress on Saturday, October 28<sup>th</sup> from 1:00pm to 4:00pm. Use your computer, smartphone, or tablet to reach <https://zoom.us/j/669925400>. Four items to be discussed will be: 1) Soundness of CCRC’s; 2) Assuring good governance; 3) Establishing the fiduciary responsibility to Board of Directors, and 4) How CCRC is built and renovated for residents.

Minutes of Board meetings are published and distributed to members in newsletter, and also report included in periodical.

**PROGRAM:** Bill Stelger, Chair, introduced our speaker, Dr. Nancy Feichtl, a Futurist. Dr. Feichtl handed out a list of the things that are or will be disappearing in the future. There was so much information presented that the list is attached to these minutes. Everyone thoroughly enjoyed her presentation and makes us think and wonder about the next 20 to 50 years into the future.

*A “thank you” to SpiriTrust Lutheran, The Village at Sprengle Drive for hosting PARCR and for a wonderfully prepared continental breakfast, and a delicious buffet lunch from Dining Services that was enjoyed by everyone.*

**“SHARING AN IDEA”:** Ms. Kate Hershey, Executive Director of Village at Sprengle Drive spoke on “Crucible Moments of Disaster”; a flooding disaster that happened to them on Saturday, July 15th, 2017. Kate received a phone call at 11:24pm and was informed that 100+ patients had to be evacuated to other locations. The teams that were put in place accomplished feats beyond belief. Team mobilizations were activated (partial list): *Command Center, Access to staff phone numbers, Transportation to relocate patients, Triage section setup, Determination of locations with patient and personal belongings, Personalized visitation of relocated patients, Family notifications – phone calls, Medication followups, Hot line cell phones for 24/7 updates.* With recovery renovations completed, patients started returning “back home” in 6 weeks with completion in 8 weeks from relocation experience.

**PARCR BUSINESS MEETING:** The Minutes of the July 12, 2017 meeting at Ware Presbyterian Village were approved as written.

**Treasurer:** Henry Mathers – Annual Budget handout is self explanatory. Our checkbook balance is \$6,912.09 shown on handout of quarterly “Income & Expense by Category”. We are doing quite well.

**Membership:** We have new member community: Presbyterian Village at Hollidaysburg joining us as of today, and we had a call from Newtown Square Village in Dunwoody who are interested. We are expanding in all directions. Deadlines are very important so that we can notify hosting communities of attendance at their facility. Please respond as soon as you receive notification of an upcoming meeting. All community membership officers receive information regarding upcoming meetings and should be shared within your communities.

***IMPORTANT:*** *Community representatives or delegates (contacts) should share the information from the PARCR meetings with their residents, and notify the Membership Chair of the names of the attendees for each meeting. Also, when officers change at your community, please notify Susan Martin immediately, by email to smart@chuckandsusan.com.*

**Legislation:** Gail Stelger – Any letter campaign for assistance with advocacy to contact members of Congress or General Assembly will come from Anne to Gail to the PARCR membership. Please respond to these requests to notify your Senators, as they are very important to all of us. September Tidbits, and Member Alerts are out and can be viewed at our PARCR.org website. As reported by Anne, Workers Comp and Tax Reform are a problem.

**Programs:** Bill Stelger, reported upcoming presentation for **January 10<sup>th</sup>, 2018** will be: “Future of CCRC’s”, and other planned programs in 2018 will be: Hospital Status (Admission vs Observation), Hospice and Community Care, and Managed Care.

**“PARCR POST”:** We want to thank Bill Buehler, past Editor of PARCR POST, for all he has done in the past years for the PARCR organization. We have a new Editor, Linda Heck. PARCR POST is available on PARCR.org website. Submissions should be sent electronically (Word file as .doc), or snail mail (give advance time for submission). Pictures either black & white or color can be sent through snail mail, and include stamped envelope for return of photo. Please include name and contact information for any submissions. Deadlines are usually 2 weeks prior to next Quarterly meeting, however, can be sent at any time. Electronic distribution to membership will come from Susan Martin. Send “special things” happening at your communities, personal stories, holiday celebrations, outreach, etc.

**Business:** Make sure to check the top of each Agenda you receive for the upcoming Quarterly meetings; especially statement written in “red”: **CHECK YOUR EMAIL FOR CANCELLATION OF MEETINGS** – weather in the upcoming winter months can be unpredictable. Also, visit our website (PARCR.org) – there is a lot of information available.

Meeting was adjourned at 2:10 p.m.

*Next Quarterly Meeting will be held January 10, 2018 – Bethany Village in Mechanicsburg*

Respectfully submitted,  
Janet Polak, Secretary

THE FUTURE IS CHANGING EXPONENTIALLY; BE READY FOR IT.....

Dr. Nancy Feichtl (FIKE-TUL) October 11, 2017

### THINGS WE ALREADY KNOW

- Autonomous cars worldwide and all electric
- Information will be image driven, not print
- Electricity costs will plummet
- Manufacturing will mainly be done by 3-D printers
- Every element of your living will be connected to your phone

### US DEMOGRAPHICS WILL HAVE HUGE CONSEQUENCES

BABY BOOMERS, BORN BETWEEN 1946-1964 =86 MILLION (current age 53-71)

GEN-X, BORN BETWEEN 1965-1983=60 MILLION (current age 34-52)

MILLENNIALS, BORN BETWEEN 1984-2002=78 MILLION (Current age 16-33)

i-GENS, BORN BETWEEN 2003 -2020

### THE AMAZON MODEL

- Will become almost a monopoly in US, UK, EUROPE, AFRICA, AUSTRALIA AND INDIA
- Has the biggest up-to-the -minute trend data in the world
- Will not only sell groceries and household products, but clothes, shoes, financial services, banking, prescription drugs
- Will start supplying restaurants
- Will start its own food-stamp programs to assist the poor
- Will have stores, delivery hubs, delivery drones, vertical drone hubs, autonomous delivery trucks
- Will use blockchain accounting and inventory

BLOCKCHAIN MONETARY SYSTEMS AND ACCOUNTING "Blockchain is a distributed database that is used to maintain a continuously growing list of records called BLOCKS,. All blocks contain a timestamp and a link to a previous block that are sent to many distributed computing systems and are transparent and unchangeable and is managed autonomously."  
BITCOIN and other non-currency currencies

Currently used not only as currency, but for binding contracts, self paying invoices, royalties .

## IoT -INTERNET OF THINGS

- “Internet working of physical devices, smart grids, vertical power plants, smart homes, intelligent homes, smart cities...”
- In biological devices-heart monitoring implants, bio-chip transponders embedded in farm animals, electric clams in coastal waters, DNA analysis for food pathogens
- All are a mixture of hardware, software, data and service
- Started with a Coke machine and later barcodes
- IIoT (Industrial Internet of Things) Agriculture where fields constantly measure weather conditions, rainfall, wind direction; Energy management; Healthcare, smart beds,
- Smart Cities –Santander, Spain 180,000 residents. Open parking places, environmental measures, water quality, smart traffic grid, even notifies merchants when customers are headed their way