

yMINUTES – PARCR Quarterly Meeting
Wednesday, October 14, 2015
Messiah Village, Mechanicsburg, PA 17055

President, Dr. George Tjiattas called the meeting to order at 10:05 a.m. Dr. Tjiattas informed new members/visitors that the major objectives of PARCR are: 1) Education - being informed regarding senior issues is essential so that we keep current about issues we face each day. 2) Sharing of good ideas that can be taken back to your communities. 3) We stress the development of strong resident councils to make a better environment at your communities. We feel a strong resident council in each village is essential for better communication. 4) Advocacy – when we find a need to talk to our senators and congressmen, we need to get the message out – you are our “advocates”.

Dr. Tjiattas announced two new appointees to fill vacancies on PARCR Executive Committee for 2015 - 2016: Ms. Ida Jean Smith, 1st Vice President (David McIntosh position) and Ms. Janet Polak, Secretary (Jeanie Bentzel position). Endorsements of both appointees were accepted. A thank you was given to David McIntosh and Jeanie Bentzel for their roles on PARCR Executive Committee; a job well done over the years.

Curt Stutzman, Messiah Lifeways President, welcomed PARCR members to today’s meeting. PARCR programs provide answers to questions from residents about their communities, and they do a wonderful job in building relationships, which makes for a more informed group in all communities.

Rev. Ron Slaybaugh, Senior Pastor at Messiah Village Church, led the group in prayer.

Susan Martin, PARCR Membership Secretary, took Roll Call. There were 91 people in attendance. These represented 19 of our 24 member communities.

LeadingAgePA Representative Anne Henry prepared a handout entitled, "Community Health Choices (CHC) – Managed Long-Term Services and Supports for PA". Ms. Henry suggested viewing the website: (www.dhs.state.pa.us/foradults/communityhealthchoices/index) for more information on CHC’s. Medicare and Medicaid are duly eligible. Another hand out was a flyer from the PA Department of Human Services on “Long-Term Services and Supports – Fee-for-Service vs. Managed Care”. Ms. Henry stated the budget for non-profits is presently off the table, due to impasse of budget for this year. Ms. Henry concluded with a request from LeadingAge that they would love to receive photos highlighting a favorite place that you visited. Please send photos to Anne at: anne@leadingagepa.org.

Henry Mathers, 2nd Vice President, introduced today's speaker, Mr. Mark Singel, former Lt. Governor of PA and Chair of AARP Citizen Advocate Team who substituted for Desiree Hung. Lt. Governor Singel was to speak on “The Future of Social Security and Medicare”, however, conversations in the room prompted him to answer questions on the many aspects of getting cooperation from our representatives (House and Senate of PA). AARP has stated that Social Security predictions of life expectancy to reach 100+ (approximately 200 million people) by the end of the century. Beware of changes that could be coming over the years – be cautious. Fraud watch is another major issue that AARP is warning everyone – **don’t open emails unless you know the origin**. Dr. Tjiattas thanked Lt. Governor Singel for a well-informed talk.

Dr. Tjiattas offered grace before the lunch break - many thanks to the Chef, and the staff at Messiah Village for providing a great buffet luncheon.

Kristen Heisey, Vice President – Development and Marketing, presented the afternoon program, "Messiah Lifeways: Past, Present and Future." Messiah has been in existence for 120 years (starting in Harrisburg 1896 in collaboration with the Brethren in Christ Church). They are now located on 80 acres with 692 residents in Cumberland County. Since 2006, 1,173 persons served has grown to over 3,353. During the next 18 months, Messiah Village will be undergoing the construction of three areas to update existing and addition of new buildings on their campus (75 million dollar project). Ms. Heisey showed a slide presentation that pointed out the many areas of continuing care available for residents, and their relationship with the surrounding community. Their successful programs are: Coaching Services, Pathways Institute for Lifelong Learning, At Home Care, Wellness, Rehabilitation and Memory Care.

Dan Seeger, President of NaCCRA, extended an invitation to all residents in CCRC's to attend the LeadingAge National annual convention in Boston from October 31 to November 1, 2015. On the morning of November 1st, NaCCRA will hold a panel discussion, and you are invited to attend. Residents can attend for free, but must make their own accommodations (lodging, travel, etc.). Mr. Seeger encouraged everyone to join NaCCRA; check the website for an application (NaCCRA.org).

PARCR Business Meeting.

The Minutes of the July 8, 2015 meeting at Landis Homes, Lititz, PA, were approved with addition of Executive Committee members elected for 2015 - 2016: Gerald Kemmerer (Treasurer), Susan Martin (Membership Secretary), Henry Mathers (2nd Vice President), Paul Noyes (Asst. Treasurer), Gail Stelger (Legislation), and George Tjiattas (President).

Jerry Kemmerer, **Treasurer**, gave the treasurer's report; the report was accepted. We have a balance of \$8,020.55 as of 9/30/15. The new 2015-2016 budget was approved.

Susan Martin, **Membership**, reported a glitch that occurred while trying to email the "Welcome Letters" for meeting at Messiah Village. Forms are available for members to join; they are available on the website (PARCR.org). As a member, you will receive the minutes mailed to you, notice of meetings and legislative news. We presently have 24 community members; each community has 3 delegates that are responsible for notifying their community of upcoming meetings, and respond to Susan the number of attendees for PARCR meetings.

Gail Stelger, **Legislation**, reminded us to check the PARCR website for updates of the "Legislative Tidbits," and if you have a government question, to contact her at gailstelger@hotmail.com. Ms. Stelger is in regular contact with Anne Henry, LeadingAgePA. The CHC concept paper (49 pages) is available at website address from Anne Henry (noted above). Ms. Stelger thanked PARCR members for all the letters written in the past, and reminded members to keep writing their representatives to get the budget done.

Henry Mathers, **2nd Vice President**, advised that the "The Future of Social Security and Medicare" will be rescheduled in 2016 with Ms. Desiree Hung. Mr. Mathers thanked Desiree for getting a replacement for this meeting due to a conflict. Members will be receiving a

questionnaire from Henry regarding issues some time November 2015. The next program in January 2016 will be different; there will be a panel discussion on “Improving Communication between Residents and Administration” (2 residents + 2 CCRC administrators). Another suggested program will be on the “Current State of Healthcare in PA”. Mr. Mathers asked that if you have a suggestion for a future program, contact him at hrmathers@comcast.net.

Bill Buehler, **Newsletter**, the "**PARCR POST**" is a great way to share your Village life with other Villages. Send your news to Bill Buehler at rbuehler@gardenspotvillage.net.

Old Business

1. The issue of hospital admission versus observation was questioned again (from a previous program). There are no updates or available information thus far, and it was suggested that you let your State legislator know your concerns regarding this matter. Gail Stelger will speak with Anne Henry about updates. This is a federal issue – contact your representative.

2. Communication is the key to everything – PARCR recommends that Resident Council leaders invite their area representatives, at least once a year, to a breakfast meeting to get to know them, and to discuss senior needs. Good way to have discussion over eggs, pancakes, bacon, and coffee/tea.

The meeting was adjourned at 2:20 p.m.

Our next Quarterly Meeting will be held January 13, 2016 – Garden Spot Village, New Holland, PA.

Janet Polak, Secretary