



*Pennsylvania Alliance of Retirement Community Residents*

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**MINUTES – PARCR Quarterly Meeting**

**Wednesday, July 10, 2013**

**Cross Keys Village, New Oxford, PA**

President George Tjiattas called the meeting to order at 10:05 a.m. George welcomed everyone, and commented on the great crowd we had today.

President Tjiattas led us in the Pledge of Allegiance. Mr. Jeff Evans, President & CEO of Cross Keys, welcomed our PARCR group and told us interesting facts about Cross Keys. There are approximately 900 residents living on 250 acres of beautiful PA. Cross Keys resident, Pastor Lee Bird, then led us in prayer.

Susan Martin, PARCR Membership Secretary, took Roll Call. There were 84 people present, representing 20 of the 23 member communities. We then heard from Beth Greenberg of Leading Age PA, a lobbying group for CCRC's in PA. Beth reported that Leading Age is 50 years old this year. She told us of up-to-date legislative changes and gave a brief report on the recently held Leading Age Convention held in Hershey, PA. George Tjiattas, Evert Fuller and Susan Martin represented PARCR. Beth thanked them for being there, and commented on all the time, energy and organizational talents that are at work in an organization like PARCR.

President Tjiattas then introduced our speakers, Mr. Dominick DeSarro of Trinity Pharmacy Services. Mr. DeSarro commented how "The Affordable Care Act" changes on a daily basis and as a small business owner, he is quite aware of what is going on. He then introduced Mr. Glenn Eickman, who acts as his business financial advisor and Ms. Ann Miller, who is an expert on Medicare, Social Security, etc. Mr. Eickman stated he feels that the media is "trying to make me run scared." He is trying to be positive, and feels "The Affordable Care Act" is something this country needs. He also stated that he gives the administration credit for trying.

Ann Miller, Health Care Solutions, gave a really thought-provoking talk touching on the Social Security, Medicare and Medicaid programs. She urged us to at least look at the updates we receive each year from Social Security and the Medicare Programs. She stated that she feels all the programs have to be fixed from the top down, not the bottom up, which is what they are trying to do. All three of our speakers answered many questions from PARCR members throughout their presentations.

Following a delicious luncheon, we found out "What is Happening at Cross Keys Village". Speakers were Ms. Tammy Herman, Director of Home Care & Village Services, and Ms. Erika Nevins, Director

of Wellness. Tammy Herman told of the many types of services that are available at Cross Keys. Some are included in the monthly charge, and for some there is a charge. In answer to a question, she indicated that they take residents to the doctor and hospital mainly in Hanover & York. However, they have gone as far as Hershey when needed.

This was followed by an interesting talk by Erika Nevins, who told us of the many facets of the Wellness Program, of which she is director. She said there are six very qualified persons running the Wellness Program, which includes more than the pool and fitness room. She mentioned that they work in cooperation with the rehab services, and continue the exercises when the person is finished rehab. She mentioned how some people are not interested, but others welcome this program. The Wellness program works in conjunction with Human Resources, as far as benefits for staff members are involved. Both these speakers were quite interesting, and both were willing to answer many questions.

We continued with the PARCR Business Meeting. The Minutes of the April 10, 2013 meeting at Quincy Village in Waynesboro were approved as distributed. Jeanie Bentzel, Secretary, reminded people to see President Tjiattas if they were interested in holding a PARCR Quarterly Meeting on their campus. Susan Martin thanked the representatives from each village for their cooperation in answering the survey on programs that was taken in the Spring. Remember if you make any changes in your address, telephone #, or email address, to please let Susan know. Treasurer Jerry Kemmerer gave the Treasurer's Report. PARCR has a balance of \$6,772.70. This report was approved as presented.

Evert Fuller, editor of the PARCA Newsletter, gave a brief summary of this issue and put some newsletters on the table for the representatives to pick up. He did state that he only heard from three communities this quarter and asked that we all try to do better.

George Tjiattas told of the new Website Administrator. Her name is Laura Paist and PARCR's website is [www.parcr.org](http://www.parcr.org). PARCR members will be given more information about additional changes and things to come at the October meeting. If you have questions, bring them to this meeting in October.

George held election of officers for PARCR for 2013. George Tjiattas, President, Jeanie Bentzel, Secretary, Susan Martin, Membership Secretary, Jerry Kemmerer, Treasurer, Bob Allen, Asst. Treasurer. He also pointed out that we are in need of a 1<sup>st</sup> and 2<sup>nd</sup> vice president at this time.

*Our next Quarterly Meeting will be held October 9, 2013 at Cornwall Manor, Cornwall, PA.*

**Special Meeting – There will be a meeting of Community Representatives (2 per village) to be held at Messiah Village, Mechanicsburg, PA., Tuesday, September 17 at 10:00 a.m. The meeting will concern the objectives, membership, and leadership needed to lead PARCR into the future. There is no cost for this meeting and luncheon will be served. Community Contact persons will receive more information by the middle of August. Please reply to Susan so we know who is coming.**

Jeanette M. Bentzel, Secretary