



Pennsylvania Alliance of Retirement Community Residents

Ida Jeanne Smith, President

Email: ijsmit@comcast.net Telephone: (717) 262-3055

Janet Polak, Secretary

Email: polakjc63@centurylink.net Telephone: (717) 776-2363

MINUTES - PARCR Quarterly Meeting - Wednesday, April 10, 2019 Quincy Village 6596 Orphanage Road, Waynesboro, PA 17268

MISSION STATEMENT: *“To educate and inform residents of not-for-profit retirement communities in Pennsylvania by promoting the exchange of ideas, education and civic responsibilities of residents, and to encourage members to seek to be a part of informed decision-making in their communities.”*

WELCOME: Meeting called to order by President, Ida Jeanne Smith at 10:00am with Pledge of Allegiance.

PRAYER: Cheryl Rhodes, Quincy Village Resident

HOST: Ms. Jodi Murphy, Executive Director of Quincy Village, welcomed PARCR membership. Ms. Murphy gave background history – Quincy Village originally was an orphanage (1900), and in 1914 was opened for seniors. The children and seniors shared some time on their campus before becoming a CCRC community.

ROLL CALL: There were **97** people in attendance representing **23** of our **27** member communities.

LEADINGAGE PA: Georgia Goodman, Associate in Government Affairs, with LeadingAgePA filled in for Anne Henry. Two main issues to be dealt with are: HB-2291 (IL Senior Privacy Act), and medical assistance funding for nursing facilities.

House Bill 2291 will be reintroduced with new number for this year. Bill passed in the House last year (2018), but was stalled and not passed in Senate before end of year. The bill will be on the agenda again this session. There will be new language in the resubmitted bill, and more information is available on LeadingAge PA website. If a DHS employee appears at your residence, you have the right to refuse to answer their questions, and you should notify your Administration of their visit.

Medical Assistance letters of support will be needed from IL membership of PARCR to support funding. We will be notified by Anne Henry when they are needed. Presently, the budget is on track for early approval (mid-June). Budget ask is a 2.8% increase for medical funded long term care. Research has found that there is a deficit of \$631M the Commonwealth has not met over the past 15 years. This means that communities need to fund raise for benevolent care.

Department of Human Services is being asked to review physical plant requirement waivers showing what an Independent Living and Assisted Living space would include. Bill has not been introduced so far.

NaCCRA: Dan Seeger – NaCCRA is a nationwide organization as PARCR is a statewide organization. The State of Arkansas recently passed a legislation that every CCRC in their State have a resident member on the governing board, and the resident should be selected or elected by the residents. Arkansas is leading the way.

Bankruptcies do happen to some CCRC's (Florida) There is no clearing house or way to learn how many bankruptcies there are, however, distressed residents have been calling NaCCRA with this information. There are 2,000 CCRC's in America of which only 20 have gone bankrupt. We have a responsibility to monitor the way management of our CCRCs is taking care of assets of their communities.

The following resources are available on website: Model Bill of Rights for CCRC Residents, Consumers Guide to CCRC's, and Webinar: What Do Residents Need to Know About Actuarial Studies; they are all free to download.

PROGRAM: Bruce Myers from AARP spoke on “Current Scams, Frauds, Identity Theft and Latest Schemes”. Topics presented were: *Avoiding Identity Theft, Recovering from Identity Theft, Money Wiring Scams, Grandkid Scams, Imposter Scams, Online Dating Scams, and Tech Support Scams.*

REMEMBER – once you answer your telephone from any of the above listed scams, you automatically are in the “answer” mode and your number goes onto a list that is eventually sold to others. If you don’t recognize a telephone number, *Do Not Answer Your Phone!* Make sure everyone who calls you knows that they should leave a message for you to return their call.

Make electronics work for and with you. Use methods available to prevent these calls or scams from getting to you. Request your credit report every year – start with one reporting agency (such as Experian), then 3 months later request one from another agency (Equifax), and 3 months later from next agency (TransUnion). You will then have a year’s worth of information to review for any discrepancies. Use difficult passwords for electronic access. Each account you have needs different passwords, and possibly user id’s.

“Thank you” to all the Quincy Village residents who supplied pastries with our morning coffee/tea, and a “thank you” for delicious buffet lunch with an array of choices from Dining Services.

“SHARING AN IDEA”: “Wellness and Masterpiece Living” was presented by Laura Glass, Community Life/Volunteer Director. Quincy Village (Presbyterian Senior Living Community) has partnered with The Masterpiece Living program (based in Colorado) and provides the following tools and resources to promote successful aging through the Masterpiece Living Lifestyle and Mobility Review:

Physical: Community embraces the potential of all adults to maintain or improve their mental and physical health at any age and level of living. A variety of physical activities and exercise programs, meet individual needs and interests. Programs provide evidence that disease and decline are not an inevitable part of the normal aging process.

Intellectual: Community establishes a culture of opportunity for life-long learning that keeps residents engaged in life, providing intellectual stimulation through small group activities, discussion groups, and individual pursuits and interests that empower residents to be actively involved in life and all it has to offer.

Social: Community celebrates the connections between and among its residents. Opportunities for socialization expand friendship circles and promote life satisfaction. Research has validated the correlation between quality of life and social connectivity.

Spiritual: Each resident is encouraged to seek and define his or her own spiritual wellbeing. Tools and resources help residents discover their own meaning and purpose in life and provides a culture that promotes/supports spiritual growth.

PARCR BUSINESS MEETING: The Minutes of the January 9, 2019 meeting at Bethany Village will stand as presented.

Treasurer: Henry Mathers – The Budget Report gives a picture of income and expense (actual vs budget, so far) in each category. The Annual Budget will end June 30th – new fiscal year begins July 1st. Quarterly Report is listed by income and expense during the quarters. Our checkbook balance is \$6,321.24; compared to last year we had \$6,500.

Membership: Janet Polak for Susan Martin - Chair, reported the importance of accurate information on contact people at your communities, and correct spelling of their names. Renewal of memberships will begin between April and June (deadline is June 30th to renew), and should be received prior to June 30, 2019. The annual dues for individual membership is \$20, and \$60 from your community for President/Chair of your Association/Council and 2 delegates. When officers change terms at your community, please notify me immediately whenever this occurs. Applications are available on our PARCR.org website. If you have any questions, please either email me or call me (my information is on PARCR.org website under “Officers”). If we do not hear from you, we will assume that you will not be attending either individually or as a community.

Delegates are selected by your residents; they receive notices, minutes of quarterly meetings, the PARCR Post, and legislative tidbits which are shared with your communities. Your delegates’ responsibilities are to not only share information with Council Chair or Association President, and their community residents, but to also respond to and communicate with the Executive Committee of PARCR.

I commend your current community delegates for their diligence in gathering, and sending lists of attendees for this meeting. You responded by the deadline, and provided updated information, as needed. Thank you

Legislation: Gail Stelger - Chair, thanked Georgia Goodman, LeadingAge PA, for the information she presented during the morning session. We will be advocating for funds for Medicaid, even though it doesn’t affect us directly, it does in terms of what it costs to live in our communities. An “alert” will probably be sent by next week that will give us more information about contacting our representatives. If you have or are in contact with your legislators, let Anne Henry know so she can work with you.

Programs: Bill Stelger - Chair, reported that the July Quarterly meeting at Bethany Village, we will have John H. Johnson, Public Affairs Specialist, who will give us the “Future Status of SS Benefits, and Its Future” and promised increases. The October Quarterly meeting at SpiriTrust Lutheran The Village at Sprenkle Drive we will have Dr. Kenneth Brubaker (current Med Dir., Masonic Village ... formerly Director PA Officer) to talk about “Dealing with Dementia: What to Expect, Communicating with a Patient and Available Help”.

We will be looking for new subjects for our survey distributed at October meeting. Please send me any topics that might be of interest to pastorbills@hotmail.com

"PARCR POST": Linda Heck - The April edition was released early for several reasons: 1) maxed out on space; 2) Executive Committee had chance to review the “draft”, and 3) time sensitive material regarding the Legislative Breakfasts. This issue has posted to the PARCR website which also includes all past issues.

Thank you to the communities that shared articles. This is your publication by which your Community’s information can be shared. Please continue to send material directly to me, using the data on the last page of the newsletter. I continue to formulate a contact list from your various communities, and would appreciate your help in letting me know who within your community I can communicate – could be Public Relations person or Independent Living Resident Services Director, etc. – someone authorized to speak on behalf of your community.

“It is not wise to publish something from a resident in the POST, until it has been authorized by their community administration or department leaders.” Trust you understand our proactive position by not printing any material that would jeopardize our organization, nor any of our officers and members.

The primary focus of the PARCR Post is on residents – their activities, participation in events, items of interest involving residents, community announcements, etc. However, the key focus is to be on **residents**, and not that of Marketing.

Business: Ida Jeanne reported that the Executive Committee has approved the change made to the By-Laws; they have been revised to reflect only one change: non-profit changed to not-for-profit.

LeadingAge PA Conference is from June 19-22, 2019 and will be at Hershey Lodge. If you are interested in attending, go to LeadingAge PA website to learn how to register.

We are looking for a secretarial replacement for Janet Polak. If you are interested, please let Ida Jeanne Smith know (contact information is on first page of these minutes).

Meeting adjourned at 2:00 p.m.

Next Quarterly Meeting will be held July 10, 2019 – Bethany Village, Mechanicsburg

Respectfully submitted,
Janet Polak, Secretary